List of Allergies and Food Restrictions

**[Insert Name of Child Care Centre]**  Date Last Updated: Click here to enter text.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Program Room | Name of Child | Anaphylaxis  ( √ ) | Allergy-Causing Agents: Food | Allergy-Causing Agents: Other Allergens | Food Restrictions |
| E.g., Toddler Room 2 | Jane Doe | √ Yes | Peanuts | Latex | Vegetarian, limit sugar consumption |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

Special Instructions:

* This list must be posted in each cooking and serving area and in each play area or play room.
* This list must be available and accessible in any other area in which children may be present (e.g., school gym or an outdoor playground). The licensee must ensure that the list is brought to these areas and staff are aware of its location (e.g., attendance clipboard or emergency information binder).

Regulatory Requirements: Ontario Regulation 137/15

Anaphylactic Policy

39(1) Every licensee shall ensure that each child care centre it operates and each premises where it oversees the provision of home child care or in-home services has an anaphylactic policy that includes the following:

1. A strategy to reduce the risk of exposure to anaphylactic causative agents.

2. A communication plan for the dissemination of information on life-threatening allergies, including anaphylactic allergies.

3. Development of an individualized plan for each child with an anaphylactic allergy who,

i. receives child care at a child care centre the licensee operates, or

ii. is enrolled with a home child care agency and receives child care at a premises where it oversees the provision of home child care or in-home services.

4. Training on procedures to be followed in the event of a child having an anaphylactic reaction. O. Reg. 126/16, s. 26 (1, 2).

(2) The individualized plan referred to in paragraph 3 of subsection (1) shall,

(a) be developed in consultation with a parent of the child and with any regulated health professional who is involved in the child’s health care and who, in the parent’s opinion, should be included in the consultation; and

(b) include a description of the procedures to be followed in the event of an allergic reaction or other medical emergency. O. Reg. 126/16, s. 26 (3).

(3) In this section,

“anaphylaxis” means a severe systemic allergic reaction which can be fatal, resulting in circulatory collapse or shock, and “anaphylactic” has a corresponding meaning.

Food Allergy and Restriction Posting

43(3) Every licensee of a child care centre shall ensure that, in each child care centre it operates, a list setting out the names of the children receiving child care in the child care centre who have allergies or food restrictions, and their respective allergens or restrictions,

(a) is posted in each cooking and serving area;

(b) is posted in each play area or play room; and

(c) is available and accessible in any other area in which children may be present.

**Disclaimer:** This document is a sample template that has been prepared to assist licensees in understanding their obligations under the CCEYA and O. Reg. 137/15. It is the responsibility of the licensee to ensure that the information included in this document is appropriately modified to reflect the individual circumstances and needs of each child care centre it operates.

Please be advised that this document does not constitute legal advice and should not be relied on as such. The information provided in this document does not impact the Ministry’s authority to enforce the CCEYA and its regulations. Ministry staff will continue to enforce such legislation based on the facts as they may find them at the time of any inspection or investigation. It is the responsibility of the licensee to ensure compliance with all applicable legislation. If the licensee requires assistance with respect to the interpretation of the legislation and its application, the licensee may wish to consult legal counsel.