EMPLOYMENT ONTARIO
Ontario's employment & training network

Ontario

Cree - Adjustment Advisory Program

ᐊᑐᐢᑫᐧᐃᐣ ᐁ ᐅᒋ ᓇᓇᑲᒋᑕᓂᐧᐊᐠ ᐊᐸᑎᓯᐧᐃᐣ

ᐅᑕ ᐊᑐᐢᑫᐧᐃᓂᐠ ᐅᐣᑌᕆᐅ ᑭᒋ ᐅᑭᒪᐤ ᐧᐃᒋ ᐊᐸᑎᓯᒣᐧᐊᐠ ᐊᓂᐃ ᑲ ᐊᐸᒋᐃᐧᐁᓂᒋ ᓀᐢᑕ ᑲ ᐊᐸᒋᐃᒥᒋ ᓀᐢᑕ ᐃᑕᐧᐃᓇ ᑫ ᐅᒋ ᓄᒋᑕᓂᐧᐊᐠ ᐃᐢᐱ ᑲᑦᐸᓂ ᑲ ᐊᒍᐧᐃᓂᑲᑌᐠ ᓀᐢᑕ ᐱᑯ ᑲ ᑭᐸᐃᑲᑌᐠ ᐊᐸᑎᓯᐧᐃᑲᒥᐠ᙮

ᑭᒋ ᐅᑭᒪᐤ ᐧᐃᒋᐧᑕᐤ ᓀᐢᑕ ᓇᑕᒪᑫᐤ ᔓᓂᔭᓂᐠ ᐊᓂᑭ ᐅᒋ ᐃᑕᐧᐃᓂᐠ ᑲ ᐊᐱᐢᑕᑭᐠ ᑲ ᐸᑭᑎᓇᑭᐠ ᓇᓇᑲᐤ ᐧᐃᒋᐃᐧᐁᐧᐃᓇ ᐊᓂᑭ ᐅᒋ ᑲ ᐊᐸᑎᓯᒋᐠ ᓀᐢᑕ ᐧᐃᒋᐃᐧᐁᐧᐃᐣ ᐅᒋ ᐁ ᓇᑕᐧᐊᐸᑕᑭᐠ ᐊᐸᑎᓯᐧᐃᓂᓂᐤ ᓀᐢᑕ ᐧᐃᒋᐃᐧᐁᐧᐃᐣ ᐊᐸᑎᓯᐧᐃᓇ ᐅᒋ ᓀᐢᑕ ᐊᐸᑎᓯᐧᐃ ᐧᐃᑕᒪᑫᐧᐃᓇ ᓀᐢᑕ ᑲ ᐧᐃᒋᐃᒋᐠ ᐃᐢᐱ ᑲ ᐧᐊᓂᑕᒋᐠ ᐅᐟ ᐊᐸᑎᓯᐧᐃᓂᐧᐊᐤ ᐁ ᒥᓭᒣᓂᑕᑭᐠ ᓀᐢᑕ ᐧᐃᒋᐃᐧᐁᐧᐃᐣ ᔓᓂᔭᓂᐠ ᐃᑌᑫ ᓀᐢᑕ ᐧᐃᑕᒪᑫᐧᐃᐣ ᐁᑐᒋᑲᑌᐠ ᐃᐢᐱ ᐧᐊ ᑭᒋᑕᐟ ᐊᐧᐁᓇ ᑎᐱᓇᐧᐁ ᐅᐱᑦᐸᓂᑕᒪᓱᐧᐃᐣ᙮

ᐅᑕ ᐊᑐᐢᑫᐧᐃᓂᐠ ᒧᓇ ᐊᑐᐢᑲᑯᐧᐊᐠ ᐊᓂᑭ ᑯᑕᑭᔭᐠ ᑲ ᐊᐸᒋᐃᐧᐁᒋᐠ ᑕᐱᐢᑯᐨ ᑭᐢᑭᓄᐊᒪᑐᐧᐃᑲᒥᐧᑲ ᑲ ᑎᐯᐣᑕᑭᐠ ᓀᐢᑕ ᐊᑯᓯᐧᐃᑲᒥᐧᑲ ᓀᐢᑕ ᐱᑯ ᑭᒋ ᐃᑕᐧᐃᐣ ᑲ ᐃᑕᑭᒋᑲᑌᑭ᙮

ᑫᑯ ᐧᐃᒋᐃᐧᐁᐧᐃᓇ ᑌᐧᑲᑭ

ᐅᒪ ᐊᑐᐢᑫᐧᐃᐣ ᐸᑭᑎᓇᒪᑫᒪᑲᐣ ᒪᒥᓄᑫᒧᐧᐃᐣ ᓀᐢᑕ ᐧᐃᒋᐃᐧᐁᐧᐃᐣ ᔓᓂᔭᓂᐠ ᐊᓂᑭ ᐅᒋ ᐊᐸᒋᐊᑲᓇᐠ ᑫ ᐅᒋ ᒥᓄᐱᑎᑯᒋᐠ ᐃᐢᐱ ᑲ ᐧᐊᓂᑕᒋᐠ ᐅᐟ ᐊᐸᑎᓯᐧᐃᓂᐧᐊᐤ᙮ ᐅᒪᒥᓄᒧᐧᐊᐠ ᐃᑕᐧᐊᐠ ᐁ ᐧᐃᒋᐃᐧᐁᒋᐠ ᐁ ᓇᑕᐧᐃ ᑭᐢᑫᓂᑕᑭᐠ ᐁᔑ ᐣᑕᐧᐁᓂᑕᒥᓂᒋ ᓀᐢᑕ ᑕᐣᑌ ᑫ ᐅᒋ ᓇᑕᒪᒥᒋ ᐊᔑᐨ ᐊᐸᑎᓯᐧᐃ ᐧᐃᒋᐃᐧᐁᐧᐃᐣ ᓀᐢᑕ ᑭᐢᑭᓄᐊᒪᑫᐧᐃᐣ ᐊᐸᑎᓯᐧᐃᓂᐠ ᓀᐢᑕ ᑕᐣᑌ ᑫ ᐃᔑ ᐸᑭᑎᓂᒥᒋ ᐊᐸᑎᓯᐧᐃᓂᐠ ᓀᐢᑕ ᑲᐡᑭᐅᐧᐃᓇ ᐁᑐᒋᑲᑌᐠ ᐁ ᓇᑕᐧᐊᐸᒋᑲᑌᐠ ᐊᐸᑎᓯᐧᐃᐣ᙮ ᐅᔑᐊᑲᓂᐧᐃᐧᐊᐠ ᐅᐟ ᐊᐱᐢᑕᒪᑫᐧᐊᐠ ᑭᐢᑎᓇᐨ ᐧᑲᔭᐢᐠ ᑭᒋ ᐊᔑᒋᐟ ᐅᐟ ᐊᐸᒋᐃᐧᐁᐤ ᓀᐢᑕ ᐊᓂᑭ ᐊᐸᒋᐊᑲᓇᐠ ᑭᒋ ᐊᔭᔑᒥᒋᐠ᙮

ᐅᐟ ᐊᐸᒋᐊᑲᐣ ᓀᐢᑕ ᐱᑯ ᑲ ᐸᑭᑎᓂᒋᐠ ᐅᐟ ᐊᐸᑎᓯᐧᐃᓂᐧᐊᐠ

ᐅᑕ ᐊᑐᐢᑫᐧᐃᓂᐠ ᐧᐊᐧᐃᒋᐁᐧᐊᐠ ᐊᐸᒋᐊᑲᓇ ᑲ ᐸᑭᑎᓂᒥᒋ ᐃᐢᐱ ᑲ ᐸᑭᑎᓂᒥᒋ ᓀᐢᑕ ᐁ ᐧᐊᐧᐃᒋᐊᒋᐠ ᑭᒋ ᑲᓇᐧᐊᐸᑕᒥᓂᒋ ᑕᐣᑌ ᑫ ᐃᔑ ᐅᑎᓇᒪᓱᓂᒋ ᓀᐢᑕ ᑕᐣᑌ ᑫ ᐊᑎ ᐃᑐᑕᒥᓂᒋ ᐁ ᐧᐃᒋᐃᑯᓂᒋ ᐊᓂᐃ ᐅᐟ ᐊᐱᐢᑕᒪᑫᐧᐊ᙮ ᐊᓂᑭ ᐅᐟ ᐊᐱᐢᑕᒪᑫᐧᐊᐠ ᐊᔭᒥᐢᑕᒪᑫᐧᐊᐠ ᐊᐣᑕ ᓇᓇᑲᐤ ᐊᐸᒋᐃᐧᐁᒋᐠ ᓀᐢᑕ ᑲ ᐅᑭᒪᐧᐃᒋᐠ ᓀᐢᑕ ᔓᓂᔭᐣ ᑲᑦᐸᓂᐧᐊᐠ ᑲ ᑎᐸᐅᒋᐠ᙮

ᐊᓂᑭ ᐅᐟ ᐊᐱᐢᑕᒪᑫᐧᐊᐠ ᐅᓇᐢᑕᐧᐊᐠ ᓀᐢᑕ ᐱᒧᑕᑕᐧᐊᐠ ᐊᑐᐢᑫᐧᐃᓇ ᓀᐢᑕ ᐧᐃᒋᐃᐧᐁᐧᐃᓇ ᐊᓂᑭ ᐊᐸᒋᐊᑲᓇᐠ ᑲ ᐣᑕᐧᐁᓂᑕᑭᐠ ᐊᔑᐨ ᐁ ᐧᐃᒋᐃᒋᐠ ᐁ ᓇᑕᐧᐊᐸᑕᑭᐠ ᐊᐸᑎᓯᐧᐃᓂᓂᐤ ᓀᐢᑕ ᐊᐸᑎᓯᐧᐃ ᓀᐢᑕ ᑭᐢᑭᓄᐊᒪᑫᐧᐃ ᐧᐃᒋᐃᐧᐁᐧᐃᓂᓂᐤ ᓀᐢᑕ ᐧᐃᑕᒪᑫᐧᐃᐣ ᐊᐸᑎᓯᐧᐃ ᑭᐢᑭᓄᐊᒪᑫᐧᐃᐣ ᓀᐢᑕ ᐁ ᐧᐊᐧᐃᒋᐃᒋᐠ ᑲ ᒥᓭᒥᒋᐠ ᐃᐢᐱ ᑲ ᐧᐊᓂᑕᒋᐠ ᐅᐟ ᐊᐸᑎᓯᐧᐃᓂᐧᐊᐤ ᓀᐢᑕ ᐁ ᐧᐊᐧᐃᒋᐃᒋᐠ ᔓᓂᔭᓂᐠ ᓀᐢᑕ ᐧᐃᑕᒪᑫᐧᐃᐣ ᐁ ᐃᑐᒋᑲᑌᐠ ᐃᐢᐱ ᐧᐊ ᐅᔑᑕᐟ ᐊᐧᐁᓇ ᑎᐱᓇᐧᐁ ᐁ ᐧᐃ ᐱᑦᐸᓂᐃᑎᓱᐟ᙮

ᐃᑕᐧᐃᓂᐠ ᑲ ᒥᓄᐸᓂᐧᑕᓂᐧᐊᐠ

ᐅᑕ ᐊᑐᐢᑫᐧᐃᓂᐠ ᐧᐃᒋᐃᑯᐧᐊᐠ ᐃᑕᐧᐃᓇ ᑫ ᐅᒋ ᓂᔭᑲᓂ ᑭᐢᑫᓂᑕᑭᐠ ᓀᐢᑕ ᓇᓇᑲᒋᑕᒋᐠ ᑲ ᐃᔑ ᐱᑐᔑᐸᓂᓂᐠ ᐊᐸᑎᓯᐧᐃᓂᓂᐤ᙮ ᐅᐟ ᐊᐱᐢᑕᒪᑫᐧᐊᐠ ᐃᑕᐧᐃᓂᐠ ᓇᓇᑲᐤ ᐁ ᐅᒋᒋᐠ ᑲ ᐊᔭᒥᐢᑕᒪᐧᐊᒋᐠ ᐊᐣᑕ ᐃᑕᐧᐃᓂ ᑲ ᐊᔑᒋᐸᓂᒋᐠ᙮ ᒪᒪᐧᐃ ᐸᑭᑎᓇᐧᒪᐠ ᐊᓂᐃ ᐧᐃᒋᐃᐧᐁᐧᐃᓇ ᐊᓂᑭ ᐅᒋ ᐁ ᐧᐃᒋᐃᒋᐠ ᑲ ᑭ ᐸᑭᑎᓂᒋᐠ ᑲ ᐊᐸᑎᓯᒋᐠ ᑲᑦᐸᓂᐧᐊᐠ ᑲ ᐊᒍᐧᐃᓇᑭᐠ ᐅᐟ ᐊᐸᑎᓯᐧᐃᓂᐧᐊᐤ ᓀᐢᑕ ᐱᑯ ᐊᔑᒋᐧᐊᐠ ᐊᐣᑕ ᐃᑕᐧᐃᓂᐠ ᓇᓇᑲᐤ ᐁ ᐅᓇᐸᒋᑲᑌᐠ ᑫᑐᒋᑲᑌᐠ ᓀᐢᑕ ᐱᑯ ᑭᒋᑕᐧᐊᐠ ᐊᐸᑎᓯᐧᐃ ᐊᑐᐢᑫᐧᐃᓇ ᐊᐣᑕ ᐅᒋ ᐃᑕᐧᐃᓂᐠ ᐁᔑ ᐸᐯᐢᑯ ᐊᑐᐢᑲᑐᒋᐠ᙮

ᑭᒋ ᐊᐸᑎᓯᐧᐃᓂᐠ ᐃᑌᑫ ᐁ ᒥᓄᐸᓂᐧᑕᓂᐧᐊᐠ

ᐁ ᐧᐃᒋ ᐊᐸᑎᓯᒥᑐᒋᐠ ᑭᒋ ᐊᐸᑎᓯᐧᐃ ᒪᒪᐧᐃ ᐧᐃᒋᐃᑐᐧᐃᓇ ᓀᐢᑕ ᐅᐟ ᐊᐸᑎᓯᐧᐊ ᑲ ᐊᔭᒥᐢᑕᒪᐧᐊᒋᐠ ᓀᐢᑕ ᑲ ᐊᐸᒋᐃᐧᐁᒋᐠ ᓀᐢᑕ ᔓᓂᔭᐣ ᑲ ᑎᐸᐅᐟ ᐅᔑᑕᓂᐧᐊᐣ ᐊᐱᐢᑕᒪᑫᐧᐃᓇ ᑫ ᐅᒋ ᑲᓇᐧᐊᐸᒋᑲᑌᑭ ᓇᓇᑲᐤ ᑲ ᐃᔑ ᓇᑕᐧᐁᓂᑕᐧᑲᐠ ᑭᒋ ᐊᐸᑎᓯᐧᐃᓂᐠ ᓀᐢᑕ ᐧᐊ ᐃᔑ ᑯᒋᑕᓂᐧᐊᐠ᙮ ᐊᓂᐃ ᑲ ᐧᐃ ᐊᑎᓂᑲᑌᑭ ᐊᑎ ᐱᒧᑕᑕᐧᐊᐠ ᑲᑭᓇᐤ ᑲ ᐊᑐᐢᑲᑕᑭᐠ ᓀᐢᑕ ᐁ ᑲᓇᐧᐊᐸᒋᑲᑌᐠ ᒥᓯᐧᐁ ᐅᓇᑕᒧᐧᐃᐣ ᑫ ᓄᒋᑕᓂᐧᐊᐠ᙮

ᐊ·ᐁᓂᑲᓇᐠ ᑫ ᑭ ᐊᔑᒋᒋᐠ

ᐊᓂᑭ ᑲ ᐊᑐᐢᑲ·ᐊᒋᐠ ᐊᓂᐃ ᑲ ᐸᑭᑎᓂᒥᒋ᙮ ᐱᑯ ᐊ·ᐁᓇ ᐅᑕ ᐅᐣᑌᓇᐅ ᐊᐢᑭᐠ ᑲ ᐸᑭᑎᓂᐟ ᓀᐢᑕ ᐱᑯ ᐁ ᓇᔑᐸᓂᐠ ᑭᒋ ᐊᐸᑎᓯ·ᐃᐣ ᓀᐢᑕ ᐱᑯ ᑲ ᑭᐸᐊᑭᐠ ᐅᐟ ᐊᐸᒋᐊᑲᓇᐠ ᓂᔭᓄᒥᑕᓇ ᓀᐢᑕ ᐱᑯ ᐊ·ᐊᓯᑌ ᐁ ᐃᑕᔑᒋᐠ ᐊᐸᒋᐊᑲᓇᐠ ᑲ ᑭ ·ᐃᑕᒪᐟ ᑭᒋ ᐅᑭᒪᐤ ᐊᐸᑎᓯ·ᐃᓂᐠ ᒪᓯᓇᐃᑲᐣ ᐯᔭᐠ ᑲ ᐃᑕᓯᓇᑌᐠ᙮

ᐃᑕ·ᐃᐣ ᐁ ᒪᒥᓄᐸᓂ·ᑕᓂ·ᐊᐠ᙮ ᓇᓇᑲᐤ ᐃᑕ·ᐃᓂᐠ ᐸᐯᐢᑯ ᐊᑐᐢᑫ·ᐊᐠ ᑲ ᐊᑎ ᓇᔑᐸᓂᑭ ᑲᑦᐸᓂ·ᐊ ᓀᐢᑕ ᐱᑯ ᑲ ᐊᑎ ᑭᐸᐃᑲᑌᑭ᙮

ᑭᒋ ᐊᐸᑎᓯ·ᐃᓂᐠ ᐃᑌᑫ ᑲ ᒥᓄᐸᓂ·ᑕᓂ·ᐊᐠ᙮ ᒪᒪ·ᐃ ·ᐃᒋᐃᑐ·ᐃᓇ ᑭᒋ ᐊᐸᑎᓯ·ᐃ ᒪᒪ·ᐃ ·ᐃᒋᐃᑐ·ᐃᓂᐠ ᓀᐢᑕ ᐊᐸᒋᐊᑲᓇ ᒪᒪ·ᐃ ·ᐃᒋᐃᑐ·ᐃᓇ ᓀᐢᑕ ᑲ ᐊᐸᒋᐃ·ᐁᒋᐠ ᓀᐢᑕ ᔦᓂᔭᐣ ᑲ ᑎᐸᐅᐟ ᐊᐸᑎᓯ·ᐃᓂᐠ᙮

ᑕᐣᑌ ᑫ ᐅᒋ ᐣᑕ·ᐊᐸᑕᒪᐣ ᐅᒪ ·ᐃᒋᐃ·ᐁ·ᐃᐣ ᑲ ᐸᑭᑎᓂᑲᑌᐠ ᐅᑕ ᐊᑐᐢᑫ·ᐃᓂᐠ

ᐊᓂᑭ ᑲ ᒧᐡᑌᔦᓂᑕᑭᐠ ᐅᑕ ᐊᑐᐢᑫ·ᐃᓂᐠ ᑕᑭ ᐊᔭᒥᐁ·ᐊᐠ ᐊᓂᐃ ᐯᔭᐠ ᓂᔑᑕᓇ ᐣᑯ·ᑕᐢ ᑲ ᐃᑕᑎᑭ ᐊᐸᑎᓯ·ᐃᑲᒥ·ᑲ ᓴ·ᐸᐢᑲᒥᐠ ᐅᐣᑌᓇᐅ ᐊᐢᑭᐠ ·ᐃᑕᒪᑫ·ᐃᐣ ᐅᒋ ᓀᐢᑕ ᒪᑲ ᑫ ᐊᔭᒥᐊᐟ ᑲ ᒪᒥᓄᑫᒧᓂᒋ᙮ ᐊᓂᑭ ᑲ ·ᐃᒋᐃ·ᐁᒋᐠ ᐅᐅ ᐃᑕ·ᐃᓇ ᐃᑕ·ᐊᐠ᙮

ᓴᐯᓇ ᐃᑕ·ᐃᐣ᙮
ᓱᓴᐟ ᒪᓇ
ᒥᓯ·ᓴᑲ
ᐊᒥᐣᑕᐣ
·ᐊᑐᕐᓗ
ᐸᓇ
ᑐ·ᕆᐣᑐ ᑭᒋ ᐃᑕ·ᐃᐣ
ᐊᑕ·ᐊ
ᐯᐟᐱᐟ
ᓴᕐᓂᔭ

1-800-387-5656
(416) 326-5656 ᑐ·ᕆᐣᑐ ᑭᒋ ᐃᑕ·ᐃᓂᐠ

www.ontario.ca/employmentontario

ISBN 1-4249-2442-1