

Sector-Specific Guide

Health and Wellness

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A. Overview

The Specialist High Skills Majors (SHSM), launched in September 2006, are part of the Student Success Strategy initiative, which focuses on expanding quality learning opportunities and supporting success for all students. The SHSM is a ministry-approved specialized program that allows students to focus their learning on a specific economic sector while meeting the requirements for the Ontario Secondary School Diploma (OSSD). This career-focused program is also designed to help prepare students to make the transition from secondary school to apprenticeship training, college, university, or the workplace. An SHSM enables students to gain sector-specific skills and knowledge in the context of engaging, career-related learning environments and helps them focus on graduation and on pursuing their postsecondary goals.

The ministry has published the *Specialist High Skills Major Implementation Guide*, as well as sector-specific guides, like this one, for each of the SHSM economic sectors. Boards and schools are strongly encouraged to refer to the *SHSM Implementation Guide* along with the SHSM sector-specific guides when planning and implementing an SHSM. In addition, teachers will find resources, templates, and forums for discussion on the SHSM e-Community website, at <http://community.elearningontario.ca> (a password-protected site for educators).

This guide provides information about the five required components of the SHSM—Health and Wellness, sample pathways for the SHSM, examples of postsecondary programs in the sector, and a list of resources that may be helpful to both teachers and students involved in the program.

B. Advantages of Earning a Specialist High Skills Major (SHSM) in Health and Wellness

Kinesiologists, child care workers, audiologists, fitness instructors, doctors, nurses, physiotherapists, youth care workers, hospital porters, and medical technicians are just some of the numerous and varied occupations in the health and wellness sector.

In addition to its wide variety of careers, this sector is also significant for the number of workers it employs. According to *Canada's Health Care System*, published by Health Canada in 2005,* "approximately 1.6 million people work in health care and social services in Canada". This figure, according to the same publication, makes this sector "the nation's third largest employer after manufacturing and the retail trade".

The demand for health and wellness professionals will only increase. One reason is that a large number of employees in the sector is nearing retirement age. A survey conducted in 2002 found that "12% of the total number of [Ontario's] health care professionals ... are over the age of 55".† In addition, as our population ages the demands on the health care sector will rise.

The SHSM–Health and Wellness enables students to build a foundation of sector-focused knowledge and skills before graduating and entering apprenticeship training, college, university, or an entry-level position in the workplace. Depending on local circumstances, the SHSM–Health and Wellness may be designed to have a particular focus – for example, on health care, fitness, or child care and family services.

Pursuing the Specialist High Skills Major–Health and Wellness enables students to:

- customize their secondary school education to suit their interests and talents while meeting the requirements for the OSSD;
- select a bundle of 9 required credits focused on sector-specific knowledge and skills that are:
 - valued by the health and wellness sector and postsecondary educational institutions;
 - designed to help prepare students for a postsecondary opportunity of their choice in this economic sector;
 - designed with the flexibility to allow students to shift between pathways (e.g., switch from a pathway leading to college to an apprenticeship pathway) or to discontinue the SHSM program should their career plans change in Grade 11 or 12;

* Published online, at www.hc-sc.gc.ca/hcs-sss/alt_formats/hpb-dgps/pdf/pubs/2005-hcs-sss/2005-hcs-sss_e.pdf.

† Survey carried out jointly by Ontario's District Health Councils and the Labour Partnership Unit of Human Resources Development Canada. Published online, at www.dhcarchives.com/protected/uploaded/publication/ProvincialFinding.pdf.

- provide evidence of achievement of the required components of the SHSM (e.g., sector-recognized certifications) for prospective employers and postsecondary educational institutions;
- explore, identify, and refine career goals and make informed decisions about their postsecondary options;
- take part in “reach ahead” experiences that will help them gain confidence in their ability to be successful, refine skills and work habits, and make an informed choice about future careers and next steps;
- identify and develop Essential Skills and work habits that are required in the sector, using tools connected with the Ontario Skills Passport;
- access resources, equipment, and expertise that may not be available in their secondary school.

C. Required Components for the SHSM–Health and Wellness

Required Components for the SHSM–Health and Wellness

1. a bundle of 9 Grade 11 and Grade 12 credits that includes:
 - i) 4 health and wellness major credits that provide sector-specific knowledge and skills;
 - ii) 3 other required credits from the Ontario curriculum, in English, mathematics, and science, in which some expectations are met through learning activities contextualized to the health and wellness sector;
 - iii) 2 cooperative education credits that provide authentic learning experiences in a workplace setting, enabling students to refine, extend, apply, and practise sector-specific knowledge and skills
2. 6 sector-recognized certifications and/or training courses/programs (4 compulsory and a choice of 2 electives from a list of additional certifications and training courses/programs)
3. experiential learning and career exploration opportunities within the sector
4. “reach ahead” experiences connected with the student’s postsecondary pathway
5. development of Essential Skills and work habits required in the sector, and the use of the Ontario Skills Passport (OSP) for purposes of documentation

Students who complete the requirements for the OSSD and for the SHSM will receive an OSSD with the SHSM seal. Credits earned towards the SHSM are indicated on the provincial report card, and completion of the SHSM is recorded on the Ontario Student Transcript (OST). In addition, all students who participate in the SHSM program will receive an SHSM Record, which documents their achievement of the required components of the SHSM.

The five required components for an SHSM diploma designation are designed to give students a rich and varied range of curriculum-based and experiential learning experiences, as a foundation for making a successful transition to their chosen postsecondary education or training program or occupation.

Local circumstances, such as facilities and equipment, staff qualifications, partnerships, and agreements, determine how the SHSM’s required components can be offered to students. Depending on these circumstances, the components may be delivered in a secondary school, college, training centre, other approved site, or a combination of these delivery settings. See the *SHSM Implementation Guide* for more information on delivery models.

No substitutions for any of the five required components of an SHSM are permitted.

I. Bundled Credits

Each SHSM has a bundle of credits that consists of major credits, other required credits, and cooperative education credits. The bundle for the SHSM—Health and Wellness consists of:

- i) 4 major credits;
- ii) 3 other required credits;*
- iii) 2 cooperative education credits.

The credits in the bundle prepare students for one of four postsecondary options – apprenticeship training, college, university, or the workplace.

i) Major credits

Each SHSM has four major credits that enable students to build a foundation of sector-focused knowledge and skills. The major credits may be:

- credits for Ontario curriculum courses;
- credits for ministry-approved locally developed courses (LDCs); or
- dual credits, which are subject to their own approval policies and procedures.

An SHSM can be designed to focus on a specific area within the given sector – for example, the SHSM—Health and Wellness can focus on health care, fitness, child care and family services, or some other area of health and wellness. This focus is achieved through the selection of the four major credits in the bundle. Depending on local circumstances, boards may elect to offer one or more variants of the SHSM in a given sector, each with a particular area of focus. Where a choice of focus areas is offered, students are required to select *one*.

ii) Other required credits

In addition to the major credits, each SHSM includes *other required credits* from the Ontario curriculum. (In the SHSM—Health and Wellness, the other required credits are in English, mathematics, and science.) These courses are delivered by the teachers of the required subjects, and involve the use of contextualized learning activities (CLAs), which enable students to connect their learning in these courses to their SHSM sector. CLAs are based on curriculum expectations from the required course. One or more CLAs must be incorporated into each required course. (A CLA template is provided in Appendix A.)

iii) Cooperative education credits

Cooperative education provides authentic learning experiences in a workplace setting that enable students to refine, extend, apply, and practise the sector-specific knowledge and skills acquired in the bundle of credits. Each SHSM requires that students complete a minimum of two credits in cooperative education related to the major credits. (More than two credits are recommended, if the student’s timetable permits.)

Students may earn their minimum of two cooperative education credits in Grade 11 and/or Grade 12, as a single credit in each grade or a double credit in one grade. Students in the university pathway, however, are advised to complete their cooperative education credits in Grade 11, in order to allow room in their timetables in Grade 12 for credits needed to meet university entrance requirements. Depending on local circumstances, students may have to complete their cooperative education credits through continuing education, in the summer, or through virtual cooperative education. See *Cooperative Education and Other Forms of Experiential Learning: Policies and Procedures for Ontario Secondary Schools, 2000*, and Appendix B, Part A in this guide.

- **The bundle of credits for every SHSM offered by a school must be approved by the Ministry of Education.**
- **No substitutions for the credits in the approved bundle are permitted.**
- **No changes are permitted in the grade level of required credits for an SHSM, as identified in the sector-specific guides.**

Summary of the Required Credits in the Bundle for the SHSM–Health and Wellness

The 9 required credits in the bundle for the SHSM–Health and Wellness are identified in the table below. No substitutions for the credits in the bundle are allowed, and the credits must be at the specified grade level. School boards are required to submit for ministry approval their proposed pathway chart for each SHSM offered by their schools, indicating the credits in each bundle by pathway and, where applicable, by area of focus. Once a credit bundle is approved, the board may not change any of the credits in the bundle for that school year.

Required Credits in the Bundle for the SHSM–Health and Wellness

Credits		Apprenticeship Training		College		University		Workplace	
		Gr. 11	Gr. 12	Gr. 11	Gr. 12	Gr. 11	Gr. 12	Gr. 11	Gr. 12
Health and Wellness Major*		2	2	2	2	2	2	2	2
"Other required credits" (with CLAs)	English		1		1		1		1
	Mathematics	1		1			1	1	
	Science		1		1		1		1
Cooperative Education		2		2		2		2	
Total number of credits		9		9		9		9	

* Multiple credits in the Ontario technological education curriculum allow additional instructional time for the practice and refinement of skills needed to develop student performance to the levels required for certification, entry into apprenticeship programs, or participation in school–work transition programs (see *The Ontario Curriculum, Grades 11 and 12: Technological Education, 2000*, page 6).

A pathways chart is given on page 15, showing subjects and courses that students could take to explore the SHSM—Health and Wellness in Grades 9 and 10, and courses they would have to take in Grades 11 and 12 to complete this specialized program. Sample bundles of credits that would meet the requirements for the SHSM—Health and Wellness in three areas of focus – health care, fitness, and child care and family services – are provided on pages 16–18.

A student’s course selections must take into account entrance requirements for the postsecondary education or training program, apprenticeship program, or job that the student hopes to enter.

2. Sector-Recognized Certification and Training

Sector-recognized certifications and training courses/programs, including those addressing safety, are important for students who are working towards the SHSM and provide them with an advantage when they are entering the workforce, whatever their chosen career goal may be.

Certification and training courses/programs (including online courses/programs) must:

- be delivered by a person (who may be a teacher) who is certified by the certification provider as a trainer or recognized by the sector as an authority. Online courses/programs must be from a recognized certification provider. (These requirements do not apply to WHMIS.);
- include an assessment and/or evaluation component;
- include, wherever possible, documentation such as a certificate or other proof of completion for the student’s portfolio and the student’s SHSM Record. The SHSM Record will indicate the title of each certification earned or training course/program completed, the number of hours involved, and the date the certification/training was completed.

The SHSM in health and wellness requires students to complete six (6) sector-recognized certifications and/or training courses/programs. Of these, four (4) are compulsory and the remaining two (2) are electives that must be chosen from the list in the following chart. *Note that items in the chart that are capitalized are the proper names of specific certifications or training courses/programs that are appropriate for the SHSM. Items that are lowercased are names of the areas or categories within which specific certification or training courses/programs should be selected by the school or board.* The requirements are summarized below:

SHSM–Health and Wellness – Sector-Recognized Certification and Training

Four (4) compulsory			
Cardio-Pulmonary Resuscitation (CPR), Level C	Standard First Aid	infection control	generic (i.e., not site-specific) instruction about the Workplace Hazardous Materials Information System (WHMIS)
Two (2) electives from the list below			
ambulation, lifting, and transfers	babysitting	behaviour management	coaching/personal trainer
communication skills	conflict resolution	customer service	ethical considerations
feeding assistance	fitness	lab practices	leadership: group activities
medical terminology	non-violent crisis intervention	safe body mechanics	safe food handling
sterile techniques	suicide prevention	waste management	marine or wilderness first aid

Boards and schools may provide opportunities for students to complete additional training.

No substitutions for items in the above lists or changes in the *number* of required certifications and training courses/programs are permitted.

3. Experiential Learning and Career Exploration Activities

Experiential learning and career exploration activities that fulfil the SHSM requirement are planned learning activities that take place outside the traditional classroom setting and relate to the sector of the SHSM. These activities, which can include job shadowing, job twinning, worksite tours, and attendance at career conferences or competitions (see Appendix B, Part B), enable students enrolled in the SHSM to explore careers in the sector. Students will benefit from the opportunity to reflect on the activity afterwards, either through a discussion or an assignment.

Experiential learning and career exploration activities give students opportunities to explore, observe, participate in, and reflect on a variety of sector-specific experiences and careers. They also enable students to increase their awareness of, and develop, the Essential Skills and work habits required in the sector, and have their demonstration of those skills and habits documented, using tools connected with the Ontario Skills Passport. An experiential learning assignment or task could require students to identify examples of how the Essential Skills are applied in specific practitioner, administrative, and management occupations (e.g., nurse, health records technician, manager of home care services) in the health and wellness sector.

Experiential learning opportunities could include activities such as:

- one-on-one observation of a cooperative education student in a placement in the health and wellness sector (example of job twinning);
- a day-long observation of a health and wellness sector employer or employee (example of job shadowing);
- a one- or two-week work experience with a member of an industry association or a professional in the sector (example of work experience);
- a volunteer experience in a long-term care facility;
- an experience coaching an elementary school student in reading as part of a reading buddy program, or other curricular or extracurricular activities;
- assisting in an exercise class in a long-term care facility;
- attendance at a health and wellness sector career fair.

Experiential learning and career exploration activities in the health and wellness sector may require a student to consent to a police records check, immunization clearance, and/or confidentiality and privacy agreements.

Cooperative education is also a form of experiential learning. However, for the purposes of the SHSM program requirements and the student's SHSM Record, the two cooperative education credits must be counted as part of the SHSM bundled credit requirement.

Experiential learning placements for students must be arranged by the school and must meet the following requirements:

- A placement must be assessed by a teacher before the student is assigned to it to ensure that the placement offers a positive learning environment and a safe workplace. (*See Cooperative Education and Other Forms of Experiential Learning: Policies and Procedures for Ontario Secondary Schools, 2000. Available online at www.edu.gov.on.ca/eng/document/curricul/secondary/coop/cooped.pdf.*)
- Workplace Safety and Insurance Board coverage must be in place through the ministry or the workplace. (*See Policy/Program Memorandum No. 76A, September 27, 2000; excerpted in Appendix B of the SHSM Implementation Guide.*)

Career exploration activities must also be arranged by the school. Preparation for these activities should include a review of the learning goals, activity protocols, and workplace health and safety requirements.

For more information consult *Live Safe! Work Smart! Appendix for Cooperative Education and Other Forms of Experiential Learning*, at www.livesafeworksmart.net/english/coop/coop_appdx.htm.

For a summary of the regulations governing age requirements for working in and/or visiting workplaces in Ontario, see Appendix C.

4. “Reach Ahead” Experiences

“Reach ahead” experiences provide students with an opportunity to experience the next step in their chosen pathway (e.g., an experience in a workplace setting for a student who has chosen a workplace pathway; a college-related experience for a student who has chosen a college pathway). Reach ahead experiences take place outside the classroom and vary in length. The experience should be followed by a debriefing, an assignment, or a task that enables students to reflect on their chosen destination.

The following are examples of “reach ahead” experiences in the various pathways:

- *Apprenticeship training pathway*: Visiting an approved apprenticeship delivery agent to investigate a program of interest to the SHSM student.
- *College pathway*: Interviewing a college student enrolled in a program of interest to the SHSM student, in order to learn about that program.
- *University pathway*: Observing a university class in the SHSM student’s program of interest.
- *Workplace pathway*: Interviewing an employee in the field of work that the SHSM student is considering.

5. Development of Essential Skills and Work Habits, and Use of the Ontario Skills Passport (OSP) for Purposes of Documentation

The Ontario Skills Passport (OSP) is a bilingual web-based resource that provides a common language for describing the Essential Skills and work habits important for work, learning, and life. Essential Skills are the generic skills used in virtually all occupations and all facets of daily life, and include Reading Text, Writing, Document Use, Oral Communication, Money Math, and Finding Information. Human Resources and Social Development Canada (HRSDC) has identified and validated the Essential Skills. Essential Skills enable people to perform tasks required in their jobs and to participate fully in the workplace and the community. They provide the foundation for learning other skills, such as technical skills and job- or workplace-specific skills, and they help people adjust to change. The OSP also includes important work habits such as working safely, teamwork, reliability, and initiative. The Essential Skills and work habits described in the OSP are included in the chart below.

Essential Skills	Work Habits
<ul style="list-style-type: none"> • Reading Text • Writing • Document Use • Computer Use • Oral Communication <p><i>Numeracy</i></p> <ul style="list-style-type: none"> • Money Math • Scheduling or Budgeting and Accounting • Measurement and Calculation • Data Analysis • Numerical Estimation <p><i>Thinking Skills</i></p> <ul style="list-style-type: none"> • Job Task Planning and Organizing • Decision Making • Problem Solving • Finding Information 	<ul style="list-style-type: none"> • Working Safely • Teamwork • Reliability • Organization • Working Independently • Initiative • Self-Advocacy • Customer Service • Entrepreneurship

Sector representatives consulted on the development of the SHSMs emphasized the importance of the Essential Skills and work habits. Essential Skills and work habits are transferable from school to work or to further education or training, as well as from job to job and sector to sector. The OSP provides sample tasks for each skill and work habit in work, learning, and life contexts, and details how workers use Essential Skills on the job. The OSP offers tools that help students build confidence and competence and make connections between their studies at school and their prospective careers.

Students use the OSP to learn about Essential Skills and work habits, occupation-related tasks, and careers relevant to the SHSM. SHSM teachers provide students with opportunities to use the OSP tools to practise and build their Essential Skills and work habits. Students, in their SHSM cooperative education program, will create an OSP Work Plan related to their goals, interests, and particular SHSM sector, in which their employer (that is, their placement supervisor) may assess and record the Essential Skills and work habits that the student demonstrates. It would be beneficial for students to create a skills-based résumé, in preparation for interviews and meetings with employers, that clearly indicates their attainment of Essential Skills and work habits. Students can also use the OSP Tracker to plan opportunities for skills development during high school and after graduation.

The OSP website (<http://skills.edu.gov.on.ca>) offers resources for the use of the OSP in SHSM programs.

D. Pathways for the SHSM–Health and Wellness

This section contains the following:

- ideas that schools and boards can use to promote awareness and exploration of the SHSM–Health and Wellness among students and parents, and to help students as they make the decision to specialize in this program
- a chart showing a pathways template for completing the SHSM–Health and Wellness
- charts containing sample bundles of credits for the SHSM–Health and Wellness in all pathways. (The samples given here illustrate a focus on health care, fitness, and child care and family services, respectively.)

Strategies for Promoting and Suggestions for Planning the SHSM–Health and Wellness

Grades 7 and 8: Awareness

The following are examples of strategies that boards and schools can use to build Grade 7 and 8 students' awareness of the SHSM program:

- Organize field trips, competitions, and activities in the community that are specific to the SHSM.
- Host presentations or talks on careers with guest speakers and mentors from the sector.
- Hold a summer program sponsored by the sector before students enter secondary school.
- Organize experiences at a secondary school in the program related to this sector.
- Invite current or graduate SHSM and Wellness students to share their experiences.
- Profile SHSMs at Grade 8 parent nights.

Grades 9 and 10: Exploration

Many of the strategies listed above would also help Grade 9 and 10 students begin to explore pathways planning and SHSM programs. In addition, the school board's SHSM lead could be invited to present information about the SHSM programs offered at the board's schools, and those programs could be profiled on the school and/or board websites. Displays could be set up for parent nights at the school to inform parents about the benefits of SHSM programs. Activities such as Take Our Kids to Work day also provide opportunities for students to explore careers in sectors that interest them.

Students who are considering pursuing the SHSM—Health and Wellness can be encouraged to enrol in the following courses to become better informed about careers and postsecondary options related to the health and wellness sector:

- A student who is planning to participate in a Specialist High Skills Major in Health and Wellness could take any course related to the specific specialty of interest in Grades 9 and 10 (i.e., Technological Education: Health and Personal Services Technology, Healthy Active Living, Food and Nutrition).
- Career Studies (compulsory) and Discovering the Workplace: Some of the expectations in these Grade 10 courses provide opportunities for students to explore occupations and other postsecondary options in the sector and to participate in experiential learning activities.
- Health and Personal Services Technology: Recommended for any Grade 10 student who is considering entering an SHSM—Health and Wellness.

Grades 11 and 12: Specialization

Students acquire the sector-specific knowledge and skills required to earn their OSSD with an SHSM—Health and Wellness by completing its five required components. Students and their parents/guardians are encouraged to consult with guidance counsellors and teachers to select the courses that will enable them to pursue their goals.

Students pursuing an apprenticeship pathway should consider the Ontario Youth Apprenticeship Program (OYAP), which enables them to start an apprenticeship while earning their OSSD (see Appendix B, Part C).

Students pursuing a university pathway are advised to complete their required cooperative education credits in Grade 11, in order to allow room in their timetables in Grade 12 for credits needed to meet university entrance requirements.

When helping students plan their SHSMs, particularly with respect to the selection of courses to fulfil the “major credits” requirement, teachers should bear in mind that technological education courses can be offered as single-credit or multiple-credit courses.

Pathways Template for SHSM—Health and Wellness

- Shaded boxes – required credits in the bundle for the SHSM—Health and Wellness
- (C) – compulsory credits for the OSSD

Grade 9 <i>Exploration</i>	Grade 10 <i>Exploration</i>	Apprenticeship Training Pathway <i>Specialization</i>		College Pathway <i>Specialization</i>		University Pathway <i>Specialization</i>		Workplace Pathway <i>Specialization</i>	
		Grade 11	Grade 12	Grade 11	Grade 12	Grade 11	Grade 12	Grade 11	Grade 12
An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit
(C) English	(C) English	(C) English	(C) English	(C) English	(C) English	(C) English	(C) English	(C) English	(C) English
(C) Mathematics	(C) Mathematics	(C) Mathematics	(C) Mathematics	(C) Mathematics	(C) Mathematics	(C) Mathematics	(C) Mathematics	(C) Mathematics	(C) Mathematics
(C) Science	(C) Science	Science in either Gr. 11 or Gr. 12	An optional or a compulsory credit in either Gr. 11 or Gr. 12	Science in either Gr. 11 or Gr. 12	An optional or a compulsory credit in either Gr. 11 or Gr. 12	Science in either Gr. 11 or Gr. 12	An optional or a compulsory credit in either Gr. 11 or Gr. 12	Science in either Gr. 11 or Gr. 12	An optional or a compulsory credit in either Gr. 11 or Gr. 12
(C) Geography of Canada	(C) Canadian History	Health and Wellness Major	Health and Wellness Major	Health and Wellness Major	Health and Wellness Major	Health and Wellness Major	Health and Wellness Major	Health and Wellness Major	Health and Wellness Major
(C) Core French	(C) Career Studies/ Civics	Health and Wellness Major	Health and Wellness Major	Health and Wellness Major	Health and Wellness Major	Health and Wellness Major	Health and Wellness Major	Health and Wellness Major	Health and Wellness Major
(C) Healthy Active Living Education	(C) The Arts	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12
Integrated Technologies	Health and Personal Services Technology	Business Studies or an optional or a compulsory credit	Cooperative Education or an optional or a compulsory credit	Business Studies or an optional or a compulsory credit	Cooperative Education or an optional or a compulsory credit	Science	Mathematics or other credit related to area of focus	Business Studies or an optional or a compulsory credit	Cooperative Education or an optional or a compulsory credit

Sample Bundles of Credits for the SHSM—Health and Wellness: Health Care Focus

- Shaded boxes – required credits in the bundle for the SHSM—Health and Wellness
- (C) – compulsory credits for the OSSD
- The letters C, E, M, O, and U at the end of course codes indicate the following types of courses: C – college preparation; E – workplace preparation; M – university/college preparation; O – open; U – university preparation

Apprenticeship Training Pathway		College Pathway			University Pathway			Workplace Pathway		
Grade 11	Grade 12	Grade 11	Grade 12	Grade 11	Grade 12	Grade 11	Grade 12	Grade 11	Grade 12	
An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	
(C) ENG3C English	(C) ENG4C English	(C) ENG3C English	(C) ENG4C English	(C) ENG3U English	(C) ENG4U English	(C) ENG3E English	(C) ENG4E English	(C) ENG3E English	(C) ENG4E English	
MEL3E Mathematics for Work and Everyday Life or MBF3C Foundations for College Mathematics	MEL4E Mathematics for Work and Everyday Life or MAP4C Foundations for College Mathematics	(C) MCF3M Functions and Applications	MCT4C Mathematics for College Technology	(C) MCR3U Functions	MHF4U Advanced Functions	(C) MEL3E Mathematics for Work and Everyday Life	MEL4E Mathematics for Work and Everyday Life	(C) MEL3E Mathematics for Work and Everyday Life	MEL4E Mathematics for Work and Everyday Life	
SNC3E Science or SBI3C Biology	SCH4C Chemistry	SBI3C Biology	SCH4C Chemistry	SCH3U Chemistry	SPH4U Physics	SNC3E Science	SNC4E Science	SNC3E Science	SNC4E Science	
Health and Wellness Major TPA3C Health Care	Health and Wellness Major TPO4C Child Development and Gerontology	Health and Wellness Major TPA3C Health Care	Health and Wellness Major TPO4C Child Development and Gerontology	Health and Wellness Major TPA3C Health Care	Health and Wellness Major SCH4U Chemistry	Health and Wellness Major TPA3C Health Care	Health and Wellness Major TPT4C Medical Technologies	Health and Wellness Major TPA3C Health Care	Health and Wellness Major TPT4C Medical Technologies	
Health and Wellness Major HPW3C Living and Working With Children	Health and Wellness Major HPD4E Parenting and Human Development	Health and Wellness Major HSP3M Introduction to Anthropology, Psychology, and Sociology	Health and Wellness Major TPT4C Medical Technologies	Health and Wellness Major SBI3U Biology	Health and Wellness Major SBI4U Biology	Health and Wellness Major TPA3C Health Care	Health and Wellness Major HPD4E Parenting and Human Development	Health and Wellness Major TPA3C Health Care	Health and Wellness Major HPD4E Parenting and Human Development	
May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	
PPZ3O Health for Life	SNC4E Science	PPZ3O Health for Life	SPH4C Physics or HFA4M Food and Nutrition Sciences	SPH3U Physics	MDM4U Mathematics of Data Management or HHG4M Issues in Human Growth and Development	PPZ3O Health for Life	GLN4O Navigating the Workplace	PPZ3O Health for Life	GLN4O Navigating the Workplace	

Sample Bundles of Credits for the SHSM–Health and Wellness: Fitness Focus

- Shaded boxes – required credits in the bundle for the SHSM–Health and Wellness
- The letters C, E, M, O, and U at the end of course codes indicate the following types of courses: C – college preparation; E – workplace preparation; M – university/college preparation; O – open; U – university preparation

Apprenticeship Training Pathway		College Pathway			University Pathway			Workplace Pathway		
Grade 11	Grade 12	Grade 11	Grade 12	Grade 11	Grade 12	Grade 11	Grade 12	Grade 11	Grade 12	
An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	
(C) ENG3C English	(C) ENG4C English	(C) ENG3C English	(C) ENG4C English	(C) ENG3U English	(C) ENG4U English	(C) ENG3E English	(C) ENG4E English	(C) ENG3E English	(C) ENG4E English	
MEL3E Mathematics for Work and Everyday Life or MBF3C Foundations for College Mathematics	MEL4E Mathematics for Work and Everyday Life or MAP4C Foundations for College Mathematics	(C) MBF3C Foundations for College Mathematics	(C) MAP4C Foundations for College Mathematics	(C) MCR3U Functions	(C) MHF4U Advanced Functions	(C) MEL3E Mathematics for Work and Everyday Life	(C) MEL4E Mathematics for Work and Everyday Life	(C) MEL3E Mathematics for Work and Everyday Life	(C) MEL4E Mathematics for Work and Everyday Life	
SNC3E Science	SNC4E Science	SBI3C Biology	SCH4C Chemistry	SCH3U Chemistry	SCH4U Chemistry	SNC3E Science	SNC4E Science	SNC3E Science	SNC4E Science	
Health and Wellness Major PAF30 Personal and Fitness Activities	Health and Wellness Major PLF4C Recreation and Fitness Leadership	Health and Wellness Major PAF30 Personal and Fitness Activities	Health and Wellness Major PLF4C Recreation and Fitness Leadership	Health and Wellness Major PPZ30 Health for Life	Health and Wellness Major PSE4U Exercise Science	Health and Wellness Major PAF30 Personal and Fitness Activities	Health and Wellness Major PPL40 Healthy Active Living Education	Health and Wellness Major PAF30 Personal and Fitness Activities	Health and Wellness Major PPL40 Healthy Active Living Education	
Health and Wellness Major PPL30 Healthy Active Living Education	Health and Wellness Major PPL40 Healthy Active Living Education	Health and Wellness Major PZ30 Health for Life or PPL30 Healthy Active Living Education	Health and Wellness Major PPL40 Healthy Active Living Education	Health and Wellness Major SBI3U Biology	Health and Wellness Major SBI4U Biology	Health and Wellness Major PPZ30 Health for Life or PPL30 Healthy Active Living Education	Health and Wellness Major PAF40 Personal and Fitness Activities	Health and Wellness Major PPZ30 Health for Life or PPL30 Healthy Active Living Education	Health and Wellness Major PAF40 Personal and Fitness Activities	
May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, recommended in Gr. 11	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	
BDP30 Entrepreneurship: The Enterprising Person	Cooperative Education	BDP30 Entrepreneurship: The Enterprising Person	HFA4M Food and Nutrition Sciences	SPH3U Physics	MDM4U Mathematics of Data Management or HHG4M Issues in Human Growth and Development	BDP30 Entrepreneurship: The Enterprising Person	GLM4O Navigating the Workplace	BDP30 Entrepreneurship: The Enterprising Person	GLM4O Navigating the Workplace	

Sample Bundles of Credits for the SHSM—Health and Wellness: Child Care and Family Services Focus

- Shaded boxes – required credits in the bundle for the SHSM—Health and Wellness
- The letters C, E, M, O, and U at the end of course codes indicate the following types of courses: C – college preparation; E – university/college preparation; M – university/college preparation; O – open; U – university preparation

Apprenticeship Training Pathway		College Pathway			University Pathway			Workplace Pathway		
Grade 11	Grade 12	Grade 11	Grade 12	Grade 11	Grade 12	Grade 11	Grade 12	Grade 11	Grade 12	
An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	An optional or a compulsory credit	
(C) ENG3C English	(C) ENG4C English	(C) ENG3C English	(C) ENG4C English	(C) ENG3U English	(C) ENG4U English	(C) ENG3U English	(C) ENG4U English	(C) ENG3E English	(C) ENG4E English	
(C) MEL3E Mathematics for Work and Everyday Life	(C) MEL4E Mathematics for Work and Everyday Life	(C) MBF3C Foundations for College Mathematics	(C) MAP4C Foundations for College Mathematics	(C) MRC3U Functions	(C) MDM4U Mathematics of Data Management	(C) MRC3U Functions	(C) MDM4U Mathematics of Data Management	(C) MEL3E Mathematics for Work and Everyday Life	(C) MEL4E Mathematics for Work and Everyday Life	
SB13C Biology	SCH4C Chemistry	SB13C Biology	SCH4C Chemistry	SPH3U Physics	SPH4U Physics	SPH3U Physics	SPH4U Physics	SNC3E Science	SNC4E Science	
Health and Wellness Major HPW3C Living and Working With Children or TPA3C Health Care	Health and Wellness Major HPD4E Parenting and Human Development or TPA3C Child Development and Gerontology	Health and Wellness Major HPW3C Living and Working With Children or TPA3C Health Care	Health and Wellness Major HHS4M Individuals and Families in a Diverse Society or TPO4C Child Development and Gerontology	Health and Wellness Major SCH3U Chemistry or TPA3C Health Care	Health and Wellness Major SCH4U Chemistry	Health and Wellness Major SCH3U Chemistry or TPA3C Health Care	Health and Wellness Major SCH4U Chemistry	Health and Wellness Major TPA3C Health Care	Health and Wellness Major TPO4C Child Development and Gerontology	
Health and Wellness Major TPA3C Health Care	Health and Wellness Major TPO4C Child Development and Gerontology	Health and Wellness Major TPA3C Health Care	Health and Wellness Major TPO4C Child Development and Gerontology	Health and Wellness Major TPA3C Health Care	Health and Wellness Major HHG4M Issues in Human Growth and Development or HHS4M Individuals and Families in a Diverse Society	Health and Wellness Major TPA3C Health Care	Health and Wellness Major HHG4M Issues in Human Growth and Development or HHS4M Individuals and Families in a Diverse Society	Health and Wellness Major TPA3C Health Care	Health and Wellness Major HPD4E Parenting and Human Development	
May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, recommended in Gr. 11	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, recommended in Gr. 11	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	May be used as a (C) Cooperative education (2 credits) related to major credits, in either Gr. 11 or Gr. 12	
HPC3O Parenting	Cooperative Education	HPC3O Parenting	HFA4M Food and Nutrition Sciences	SB13U Biology	SB14U Biology or HSB4M Challenge and Change in Society	SB13U Biology	SB14U Biology or HSB4M Challenge and Change in Society	HPC3O Parenting	Cooperative Education	

E. Occupations in the Health and Wellness Sector

The National Occupational Classification (NOC) is a system that describes and classifies all occupations in Canada using four-digit codes called National Occupation Codes (NOCs). This system and the codes are the authoritative source for occupational information in Canada. Entering one of these four-digit codes in the “Quick Search” box on the NOC website (www5.hrsdc.gc.ca/NOC-CNP) provides occupational information related to that career.

For more information on occupations:

- go to the Ontario Skills Passport website (<http://skills.edu.gov.on.ca>)
- click on “Occupations and Tasks” in the navigation bar
- select “Sorted by NOC”, and
- click on the “Sample Workplace Tasks” checkmark for one of the occupations to view a description of the occupation, an overview of the Essential Skills required in the occupation, a list of sample tasks for the occupation, and assessment tools and other career and employment information related to the occupation.

The following are examples of occupations in the health and wellness sector, along with their NOC codes, sorted according to the type of postsecondary education or training each occupation would normally require.

Note: Some of the names of occupations given below may differ slightly from the names in the NOC. The names listed here reflect common usage by institutions and organizations in this sector in Ontario.

<p>Apprenticeship Training</p> <ul style="list-style-type: none"> • Child and Youth Worker 4212 • Early Childhood Educator 4214 • Educational Assistant 6472 	<p>College</p> <ul style="list-style-type: none"> • Ambulance Attendants and Other Paramedical Occupations 3234 • Biomedical Engineering Technologist 2241 • Community and Social Service Worker 4212 • Dental Hygienist or Dental Assistant 3222 • Documentation Clerk 1441 • Funeral Director or Embalmer 6272 • Health Care Aide 3413 • Hospital Information Clerk 1434 • Medical Laboratory Technician 3212 • Medical Secretary 1243 • Pharmacy Technician 3414 • Practical Nurse 3233 • Primary Care Paramedic 3234 • Registered Massage Therapist 3235 • Registered Orthopaedic Technologist 3414 • Respiratory Therapist 3214
<p>University</p> <ul style="list-style-type: none"> • Audiologist or Speech-Language Pathologist 3141 • Chiropractor 3122 • Dentist 3113 • Dietitian 3132 • Family, Marriage and Other Related Counsellors 4153 • Hospital Equipment Sales Representative 6221 • Kinesiologist 3235 • Medical Microbiologist 3111 • Medical Sonographer 3216 • Midwife 3232 • Nutritionist 3132 • Optometrist 3121 • Pharmacist 3131 • Podiatrist 3123 • Psychiatrist 3111 • Registered Nurse 3152 • Sports Therapist 3144 	<p>Workplace</p> <ul style="list-style-type: none"> • Blood Donor Clinic Assistant 3414 • Certified Personal Trainer 5254 • Doctor's Office Receptionist 1414 • Fitness Instructor 5254 • Hospital Admitting Clerk 1414 • Hospital Cleaner 6661 • Hospital Porter 3413 • Lifeguard 5254 • Recreation Program Leader 5254

F. Postsecondary Programs and Training Related to Careers in the Health and Wellness Sector

The following are examples of programs and training related to careers in the health and wellness sector and the accreditations or types of accreditation each results in:

Apprenticeship Training

Aboriginal Early Childhood Education Worker	Certificate of Apprenticeship/ Certificate of Qualification
Child and Youth Worker	Certificate of Apprenticeship/ Certificate of Qualification
Early Childhood Educator	Certificate of Apprenticeship/ Certificate of Qualification

College

Activation Coordinator – Gerontology	Diploma
Advanced Care Paramedic	Diploma
Cardiovascular Technician	Diploma
Child and Youth Worker	Diploma
Denturist	Diploma
Developmental Service Worker	Diploma
Disaster Management	Diploma
Early Childhood Education	Diploma/Bachelor's degree
Fitness and Health Promotion	Diploma
Fitness and Lifestyle Management	Diploma
Funeral Services	Diploma
Health Information Management	Diploma/Bachelor's degree
Hearing Investment Specialist	Diploma
Laboratory Technology	Diploma
Massage Therapy	Diploma
Medical Office Administration	Diploma

Medical Transcriptionist	Diploma
Optical/Optometric	Diploma
Orthotics/Prosthetics	Diploma
Pharmacy Assistant	Diploma
Physiotherapy Assistant and Occupational Therapy Assistant	Diploma
Practical Nursing	Diploma
Primary Care Paramedic	Diploma
Recreation and Leisure Services	Diploma
Registered Nutritional Therapy	Diploma
Social Service Worker	Diploma
Sports Therapy/Sports Management	Diploma/Bachelor's degree

University

Biomedical Toxicologist	Bachelor's degree
Child Studies	Bachelor's degree
Dentistry	Degree in Dental Medicine
Kinesiology	Bachelor's degree
Medical Radiation Sciences	Bachelor's degree
Medicine	Degree in Medicine
Midwifery	Bachelor's degree
Naturopathy	Degree in Naturopathic Medicine
Nurse/Nurse Practitioner	Bachelor's degree
Nutritionist/Dietitian	Bachelor's degree
Occupational and Public Health	Bachelor's degree
Occupational Therapy	Master's degree
Pharmacy	Bachelor's degree
Physical Therapy	Master's degree
Social Work	Bachelor's degree/Master's degree
Speech-Language Pathology	Master's degree

Training for the Workplace

Acupuncture	Certificate
Central Processing Technician	Certificate
Clinical Assistant	Certificate
Dietary Aide	Certificate
Fitness/Personal Trainer	Certificate
Hospital Support Services	Certificate
Recreational Aide	Certificate
Specimen Collection/Laboratory Aide	Certificate

G. Resources

Associations and Other Professional Groups

Alliance of Sector Councils	www.councils.org
Alzheimer Society of Canada	www.alzheimer.ca
Association of Social Workers	www.casw-acts.ca
Canadian Association of Pediatric Health Centres	www.caphc.org
Canadian Athletic Therapy Association	www.athletictherapy.org/main.html
Canadian Blood Services	www.bloodservices.ca
Canadian Child Care Federation (CFCC)	www.cccf-fcsge.ca
Canadian Dental Association	www.cda-adc.ca
Canadian Institute of Child Health	www.cich.ca
Canadian Standards Association	www.csa.ca
Child Care Human Resources Sector Council	www.ccsc-cssge.ca/
Child & Youth Health Network for Eastern Ontario	www.child-youth-health.net/ site/child-youth-health
Child Life Council	www.childlife.org
Children’s Mental Health Ontario	www.kidsmentalhealth.ca/resources/ evidence_based_practices.php
College of Chiropractors of Ontario	www.cco.on.ca
College of Dental Hygienists of Ontario	www.cdho.org
College of Dietitians of Ontario	www.cdo.on.ca
College of Massage Therapists of Ontario	www.cmtto.com
College of Medical Laboratory Technologists of Ontario	www.cmlto.com
College of Medical Radiation Technologists of Ontario	www.cmрто.org/home/default.asp
College of Nurses of Ontario	www.cno.org
College of Occupational Therapists of Ontario	www.coto.org

College of Physiotherapists of Ontario	www.collegept.org
College of Respiratory Therapists of Ontario	www.crto.on.ca
Community and Hospital Infection Control Association-Canada	www.chica.org
Conference Board of Canada	www.conferenceboard.ca
Crisis Prevention Institute	www.crisisprevention.com
Health Professions Regulatory Advisory Council (HPRAC)	www.hprac.org
Heart and Stroke Foundation of Canada	www.hsf.ca
Ontario Association of Adult and Continuing Education School of Business Administrators (CESBA)	www.cesba.com
Ontario Association of Children's Aid Societies	www.oacas.org
Ontario College of Pharmacists	www.ocpinfo.com
Ontario Community Support Association (OCSA)	www.ocsa.on.ca
Ontario Cooperative Education Association (OCEA)	www.ocsa.on.ca
Ontario Council for Technology Education (OCTE)	www.octe.on.ca
Ontario Family Studies Home Economics Educators Association	www.ofsheea.ca
Ontario Family Studies Leadership Council	www.ofslc.org
Ontario Hospital Association	www.oha.com
Ontario Kinesiology Association	www.oka.on.ca
Ontario Long-Term Care Association	www.oltca.com
Ontario Nurses' Association (ONA)	www.ona.org
Ontario Physical and Health Education Association (OPHEA)	www.ophea.net/
Ontario Safety Association for Community and Healthcare (OSACH)	www.osach.ca
Ontario School Counsellors' Association	www.osca.ca
Registered Practical Nurses Association of Ontario (RPNAO)	www.rpnao.org
Science Teachers' Association of Ontario (STAO)	www.stao.org
Settlement and Integration Services Organization	www.siso-ham.org
Skills Canada	www.skillscanada.com
Skills Canada – Ontario	www.skillsontario.com
The Canadian Association of Research Ethics Boards	www.careb-accr.ca

The College of Physicians and Surgeons of Ontario	www.cpsso.on.ca
Trillium Gift of Life Network	www.giftoflife.on.ca
World Health Organization	www.who.int/en

Careers

Apprenticeship Search (information on apprenticeships)	www.apprenticesearch.com
Canada Job Futures	www.jobfutures.ca
Career Cruising	www.careercruising.com
CBC Learning	www.cbclearning.ca
Employment Ontario	www.Ontario.ca/employmentontario
Job Bank	www.jobbank.gc.ca
Labour Market Information	www.labourmarketinformation.ca
Ontario Prospects	www.ontarioprospects.info
Ontario Skills Passport (OSP)	http://skills.edu.gov.on.ca
Ontario WorkInfoNet	www.onwin.ca/english
Ontario Youth Apprenticeship Program	www.oyap.com
Statistics Canada	www.statcan.ca
Youth Opportunities Ontario	www.youthjobs.gov.on.ca

Education/Government

Applications of Working and Learning National Project	www.awal.ca/about.asp
Community Care Access Centre	www.ccac-ont.ca/
Federal Resources for Educational Excellence	www.free.ed.gov
Health Canada	www.hc-sc.gc.ca
Human Resources and Social Development Canada	www.hrsdc.gc.ca
Independent Learning Centre	www.ilc.org
Industry Canada	www.ic.gc.ca/epic/site/ic1.nsf/en/home
Ministry of Children and Youth Services	www.gov.on.ca/children
Ministry of Community and Social Services (MCSS)	www.mcass.gov.on.ca
Ministry of Education	www.edu.gov.on.ca
Ministry of Health and Long-Term Care	www.health.gov.on.ca
Ministry of Labour	www.labour.gov.on.ca

Ministry of Research and Innovation	www.mri.gov.on.ca
Ministry of Small Business and Consumer Services	www.ontariocanada.com/ontcan/sbcs_index.jsp
Ministry of Training, Colleges and Universities (MTCU)	www.edu.gov.on.ca/eng/tcu
Ontario College Application Service	www.ontariocolleges.ca
Ontario Universities' Application Centre	www.ouac.on.ca
Ontario Youth Apprenticeship Program	www.oyap.com
Passport to Prosperity	www.edu.gov.on.ca/passport
Personal Health Information Protection Act	www.e-laws.gov.on.ca/html/statutes/english/elaws_statutes_04p03_e.htm
Public Health Agency of Canada	www.phac-aspc.gc.ca/new_e.html
Special Link	www.speciallinkcanada.org
Towes: How Do Your Skills Measure Up? Skill Plan	http://measureup.towes.com

Safety, Training, and Certifications

Canada Safety Council (CSC)	www.safety-council.org/
Canadian Centre for Occupational Health and Safety (CCOHS)	www.ccohs.ca
Canadian Red Cross Society	www.redcross.ca
Centre for Addiction and Mental Health	www.camh.net
Health and Safety Publications	www.labour.gov.on.ca/english/hs/hs_pubs.html
Industrial Accident Prevention Association (IAPA)	www.iapa.ca
Lifesaving Society	www.lifesaving.ca
Live Safe! Work Smart!	www.livesafeworksmart.net
National Centre for Child Care Inclusion	www.speciallinkcanada.org
Passport to Safety	www.passporttosafety.com
Prevention Dynamics	www.preventiondynamics.com
Rescue 7 (First Aid)	www.rescue7.ca
St. John Ambulance	www.sja.ca
Virtual WHMIS	www.virtualwhmis.com
Workplace Hazardous Materials Information System	www.WHMIS.net
Workplace Safety and Insurance Board	www.wsib.on.ca

H. Appendices

Appendix A: Contextualized Learning Activities (CLAs) for the Specialist High Skills Majors

For the “other required credits” in the bundle of credits, students in a Specialist High Skills Major program must complete learning activities that are contextualized to the knowledge and skills relevant to the economic sector of the SHSM. Contextualized learning activities (CLAs) address curriculum expectations in these courses.

CLAs must take a minimum of 6 hours and a maximum of 10 hours to complete. Boards may choose to develop one activity that takes 6–10 hours to complete, or two or more activities that together take a minimum of 6 hours and a maximum of 10 hours to complete.

This template must be used to describe the CLAs. The completed form must be submitted to the Ministry of Education.

CLAs will be posted on the SHSM e-Community website, at <http://community.elearningontario.ca> (a password-protected site for educators).

Contextualized Learning Activity (CLA) Template

- Submit all material in Microsoft Word.
- When selecting materials for use in connection with the CLA(s), be sure to observe all current copyright regulations (see Access Copyright – The Canadian Copyright Licensing Agency, at www.accesscopyright.ca).

Note to CLA developers: Please remove any instructions and coloured text from the boxes before completing the template for submission. (The coloured text is provided to assist you in your planning.)

Contact Information

Board: _____

Development date: _____

Contact person: _____

Position: _____

Phone: () _____ - _____ Fax: () _____ - _____

E-mail: _____

Specialist High Skills Major	
Course code and course title	
Name of contextualized learning activity/activities	
Brief description of contextualized learning activity/activities	
Duration	(The CLA(s) must take a minimum of 6 hours and a maximum of 10 hours to complete.)

(continued)

Appendix A (continued)

Overall expectations	<i>(Identify the overall expectation(s) from the Ontario curriculum to be assessed and evaluated through the CLA(s). Include the relevant strand title(s).)</i>
Specific expectations	<p><i>(Identify the specific expectations related to the above overall expectations that will be addressed in the instructional and assessment strategies. Include the relevant strand titles.)</i></p> <div style="background-color: #e0e0e0; padding: 10px; border: 1px solid #ccc;"> <p>Consider the following as part of your planning:</p> <p>What do we want students to learn?</p> <ul style="list-style-type: none"> • <i>What are the specific/key learning goals related to these expectations?</i> • <i>Are these specific/key learning goals arranged in a way that will allow students to achieve the desired learning incrementally?</i> </div>
Catholic graduate expectations (if applicable)	
Essential Skills and work habits from the OSP	<p><i>In the list below, check off the Essential Skills and work habits that are addressed in the CLA(s).</i></p> <p>Essential Skills</p> <ul style="list-style-type: none"> <input type="checkbox"/> Reading Text <input type="checkbox"/> Writing <input type="checkbox"/> Document Use <input type="checkbox"/> Computer Use <input type="checkbox"/> Oral Communication <p>Numeracy</p> <ul style="list-style-type: none"> <input type="checkbox"/> Money Math <input type="checkbox"/> Scheduling or Budgeting and Accounting <input type="checkbox"/> Measurement and Calculation <input type="checkbox"/> Data Analysis <input type="checkbox"/> Numerical Estimation <p>Thinking Skills</p> <ul style="list-style-type: none"> <input type="checkbox"/> Job Task Planning and Organizing <input type="checkbox"/> Decision Making <input type="checkbox"/> Problem Solving <input type="checkbox"/> Finding Information <p>Work Habits</p> <ul style="list-style-type: none"> <input type="checkbox"/> Working Safely <input type="checkbox"/> Teamwork <input type="checkbox"/> Reliability <input type="checkbox"/> Organization <input type="checkbox"/> Working Independently <input type="checkbox"/> Initiative <input type="checkbox"/> Self-advocacy <input type="checkbox"/> Customer Service <input type="checkbox"/> Entrepreneurship

Instructional/Assessment Strategies

Teacher's notes *(Provide suggestions that will assist the teacher in delivering the CLA(s). For example, remind teachers to make sure that handouts, such as authentic workplace materials/documents used by the sector, are available for the activity.)*

Context *(Describe the workplace context for the activity/activities.)*

Strategies *(In point form, describe the sequence of instructional and assessment strategies that will support the intended learning.)*

How will the learning be designed?

- *Do the instructional strategies support the achievement of the learning goals?*
- *Are the assessment strategies linked to each of the instructional strategies in a planned, purposeful, and systematic way?*
- *Do the assessment and instructional strategies provide for feedback and ongoing monitoring of the student's learning throughout the CLA?*
- *How will teachers differentiate instruction and assessment to meet the learning needs of students?*

What adjustments must be made to the instructional and assessment strategies for students who are not showing progress in their learning?

Assessment and Evaluation of Student Achievement

(List all assessment and evaluation strategies and tasks based on the strategies identified in the preceding section. Attach handouts, tests, assignments, exercises, etc.)

As you plan, please keep the following important considerations in mind:

How will we know students are learning?	How will we know students have learned?
<ul style="list-style-type: none"> • <i>How will students demonstrate progress towards the desired learning?</i> 	<ul style="list-style-type: none"> • <i>How will students demonstrate achievement of the desired learning?</i>
<ul style="list-style-type: none"> • <i>What criteria will be used to determine whether students are learning?</i> 	<ul style="list-style-type: none"> • <i>What criteria will be used to determine that students have learned?</i>
<ul style="list-style-type: none"> • <i>What assessment strategies/tools will best gather evidence of progress?</i> 	<ul style="list-style-type: none"> • <i>What assessment strategies/tools will best gather evidence that students have learned?</i>
<ul style="list-style-type: none"> • <i>Will the assessment tasks provide opportunities for students to demonstrate the full range of their learning in a variety of ways?</i> 	

Strategies/Tasks <i>(add rows as required)</i>	Purpose <i>Assessment for Learning (diagnostic, formative)</i> <i>Assessment of Learning (summative, evaluation)</i>
1.	
2.	
3.	

Assessment tools

(List all tools used and attach checklists, rubrics, correction keys, etc.)

Additional Notes/Comments/Explanations

(Provide additional suggestions for teachers that will help them deliver the CLA(s).)

Resources

(List all the resources needed to support the implementation of the CLA(s).)

Authentic Workplace Materials (e.g., blueprints, workplace manuals, specification sheets, spreadsheets)

Human Resources

Print

Video/DVD

Software

Websites

Other

Accommodations

(List instructional, environmental, and assessment accommodations.)

What adjustments must be made to the instructional and assessment strategies to accommodate different learning needs?

List of Attachments

(Attach all related materials, e.g., student worksheets, tests, rubrics.)

Appendix B: Fact Sheets

A. Cooperative Education Fact Sheet

All Ontario cooperative education programs have specific requirements, which include the following.

Pre-course interview

The purpose of this initial interview with the student applicant is to ensure that:

- the student is ready to undertake learning in the workplace, and is taking, will be taking, or has taken a course that is related to the proposed cooperative education placement (where a student's readiness or commitment is not sufficiently evident, his or her acceptance into the cooperative education program may be postponed until the requirements are met);
- barriers to success in the workplace are identified, and appropriate supports can be put in place (e.g., assistive devices, job coaches);
- there is a placement that is appropriate to the student's goals and interests.

Establishment of the placement

Placements for students must be arranged by the school and must meet the following requirements:

- A placement must be assessed by a teacher before the student is assigned to it to ensure that the placement offers a positive learning environment in a safe workplace.
- It is not general practice for a cooperative education student to receive remuneration for work done in a placement, since the emphasis is on learning. However, provided that all the criteria for the cooperative education program are met, a board may permit a cooperative education student in a specialized program (e.g., a re-entry program) or in a particular placement (e.g., a unionized environment) to receive payment.
- A placement must have Workplace Safety and Insurance coverage through the ministry or the workplace (see Policy/Program Memorandum No. 76A, September 27, 2000).

Pre-placement instruction

A minimum of fifteen hours of instruction must be provided on:

- workplace health and safety (for resources, see www.livesafeworksmart.net and www.passporttosafety.com);
- employment law, unions, workplace ethics, human rights, and confidentiality.

Personalized placement learning plan (PPLP)

A PPLP must be developed for each student. It must be:

- based on expectations from the related course in the Ontario curriculum, the requirements for cooperative education, and industry-specific requirements;
- developed by the cooperative education teacher in partnership with the employer and student (where the cooperative education teacher is not qualified in the related subject or the student has an Individual Education Plan, the cooperative education teacher will consult with the appropriate subject or special education teacher).

Samples of PPLPs are available at www.edu.gov.on.ca.

Assessment and evaluation

A qualified teacher must assess and evaluate a student's progress in achieving the curriculum expectations and in meeting the requirements identified in the student's PPLP through regular workplace monitoring meetings (a minimum of three per credit). During workplace monitoring, the teacher will:

- observe student performance of workplace tasks, plan next steps, and troubleshoot problem situations;
- conduct formal evaluations with the student's supervisor.

Student achievement is also assessed through:

- written assignments, seminar presentations, reflective journals, and career portfolios;
- a culminating independent-study activity that links the student's cooperative education placement experience with the curriculum expectations of the related course;
- a minimum of two performance appraisals written by the placement supervisor.

Teachers are encouraged to ask employers to use the Ontario Skills Passport Work Plan to assess and record a student's demonstration of Essential Skills and work habits (see <http://skills.edu.gov.on.ca>).

In-school integration sessions

In-school sessions of a minimum of seven hours per credit provide students with opportunities to:

- analyse and share their workplace experience;
 - relate the placement experience to the curriculum expectations;
 - reinforce the job-skills theory acquired in the classroom and the skills, techniques, and principles learned and applied at the placement.
-

B. Experiential Learning and Career Exploration Fact Sheet

Experience	Description	Key Requirements
Career Exploration Activities	<ul style="list-style-type: none"> • Activities that allow students to explore career opportunities through worksite tours, career conferences or competitions (e.g., Skills Canada), simulation activities (e.g., Junior Achievement), or contact with a career mentor • May be incorporated into any credit course • Count towards the Experiential Learning and Career Exploration component required for an SHSM 	<ul style="list-style-type: none"> • Preparation for every activity, including review of learning expectations, activity protocols, and workplace health and safety • Opportunity for students to reflect on the activity • Completed field trip form and transportation agreement
Job Shadowing 1/2 to 1 day (in some cases up to 3 days)	<ul style="list-style-type: none"> • One-on-one <i>observation</i> of a worker at a place of employment • May be incorporated into any credit course • Counts towards the Experiential Learning and Career Exploration component required for an SHSM 	<ul style="list-style-type: none"> • Teacher selection of an appropriate placement in a safe work environment • Preparation for the placement, including review of learning expectations, activity protocols, and workplace health and safety • Opportunity for students to reflect on the experience • Completed field trip form and transportation agreement • WSIB coverage if placement is more than 1 day
Job Twinning 1/2 to 1 day	<ul style="list-style-type: none"> • One-on-one <i>observation</i> of a cooperative education student at his or her placement • May be incorporated into any credit course • Counts towards the Experiential Learning and Career Exploration component required for an SHSM 	<ul style="list-style-type: none"> • Pairing of a student with a cooperative education student • Preparation for the placement, including review of learning expectations, activity protocols, and workplace health and safety • Opportunity for students to reflect on the experience • Completed field trip form and transportation agreement
Work Experience/ Virtual Work Experience* 1–4 weeks	<ul style="list-style-type: none"> • A planned learning opportunity that provides students with a relatively short-term work experience. Virtual work experience is facilitated through the use of communications technology at the school. • May be incorporated into any credit course • Counts towards the Experiential Learning and Career Exploration component required for an SHSM. 	<ul style="list-style-type: none"> • Placement assessment • Pre-placement instruction addressing job-readiness skills, placement expectations, and workplace health and safety • Opportunity for students to reflect on the experience • Development of a learning plan • Monitoring of student's work at actual or virtual site at least once during the experience (<i>recommended</i>) • WSIB coverage

* See the Virtual Cooperative Education Fact Sheet at www.edu.gov.on.ca/eng/teachers/studentsuccess/expansion.html for information on accessing employers.

C. Ontario Youth Apprenticeship Program (OYAP)

How does the Ontario Youth Apprenticeship Program (OYAP) benefit students?

By participating in OYAP, students:

- gain on-the-job training and experience in an apprenticeship in a skilled trade while earning credits towards the Ontario Secondary School Diploma (OSSD);
- accumulate workplace hours that count towards both secondary school co-op credits and the requirements of an apprenticeship program;
- may have an opportunity to receive Level 1 apprenticeship in-school training or be eligible to write an exemption test for Level 1;
- if enrolled in a ministry-approved dual credit program, may earn optional credits towards their OSSD for Level 1 apprenticeship in-school training.

How do students participate in OYAP?

- To participate in OYAP, students must be at least sixteen years old and have accumulated a minimum of 16 credits towards their OSSD. An OYAP student earns cooperative education credits for work experience in an apprenticeship occupation.
- In some cases, employers may formally register students as apprentices with the Ministry of Training, Colleges and Universities (MTCU).
- Students may have the opportunity to be enrolled in Level 1 apprenticeship in-school training, delivered by a community college or another MTCU-approved training facility, OR may be eligible to write a Level 1 exemption test upon successful completion of a multiple-credit secondary school technological education course.
- A student may participate in OYAP as part of a Specialist High Skills Major (SHSM) program (see the *Specialist High Skills Major Implementation Guide* and the SHSM guides for individual sectors, at www.edu.gov.on.ca/eng/teachers/studentssuccess/specialist.html).

Placement considerations

When arranging placements for OYAP students, cooperative education teachers should:

- ensure that a certified journeyperson is available at the placement to provide the student with on-the-job training that conforms to the MTCU-approved Training Standards of the trade;
- draw on the Training Standards of the trade when developing the student's Personalized Placement Learning Plan (PPLP);
- emphasize trade-specific health and safety training in the student's PPLP, and make the placement supervisor aware of its importance;
- confirm with the placement supervisor that the student will have ongoing supervision at any worksite associated with the placement where he or she is performing tasks that are in the PPLP;
- ensure that the placement supervisor is aware of any accommodations that must be put in place for English language learners and/or students with special education needs.

Programming considerations

Cooperative education teachers planning programs for OYAP students should take into account that:

- Workplace Safety and Insurance Board coverage does not apply to students during the time they are receiving training at a community college or other training facility;
- hours spent completing training at a community college or other training facility do not count towards the workplace hours required for co-op credits.

Resources

- Health and safety: www.livesafeworksmart.net; www.passporttosafety.com
 - Apprenticeship information: www.apprenticesearch.com; www.tradeability.ca; www.ilc.org
 - School board websites
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Appendix C: Minimum Age to Work in and Visit Ontario Workplaces¹

Specialist High Skills Major ²	Type of Workplace	Minimum Age to Work	Minimum Age to Visit / Conditions for Visiting ³
<ul style="list-style-type: none"> • Arts and Culture • Business • Community Safety and Emergency Services • Health and Wellness • Hospitality and Tourism • Information and Communications Technology 	Industrial establishments, ⁴ such as offices, stores, arenas, restaurant serving areas	14	<p>The regulation governing industrial establishments (Reg. 851, R.R.O. 1990) made under the OHSA sets out minimum age restrictions for workers, covering workplaces such as offices, stores, arenas, restaurants, and factories. However, the regulation states that people younger than the specified minimum age to work may <i>visit</i> (but not <i>work in</i>) these establishments if:</p> <ul style="list-style-type: none"> • they are accompanied by a person who has attained the age of majority (i.e., 18 years of age);
<ul style="list-style-type: none"> • Business • Community Safety and Emergency Services • Hospitality and Tourism • Information and Communications Technology • Manufacturing • Transportation 	Most factories, ⁵ including restaurants and any commercial kitchens, automotive service garages, produce and meat preparation or shipping and receiving areas in grocery stores, laundries, and warehouses	15	<ul style="list-style-type: none"> • they are being guided on a tour of the industrial establishment (e.g., office, store, arena, or factory); • they are in an area of the industrial establishment used for sales purposes; or • they are in an area of the establishment to which the public generally has access.
<ul style="list-style-type: none"> • Forestry 	Logging operations ⁶	16	
<ul style="list-style-type: none"> • Community Safety and Emergency Services • Construction • Information and Communications Technology 	Construction project ⁷	16	<p>Under the regulation governing construction projects (O. Reg. 213/91) made under the OHSA, 16 is the minimum age to work on or to visit any construction project. A person under the age of 16 may <i>visit</i> a construction site <i>only when work is not being performed there</i>. (Note that the definitions of <i>construction</i> and <i>construction project</i> include a wide variety of types of work and workplaces. It is important to review the definitions carefully. See note 7, below.)</p>

Appendix C (continued)

Specialist High Skills Major ²	Type of Workplace	Minimum Age to Work	Minimum Age to Visit / Conditions for Visiting ³
<ul style="list-style-type: none"> • Mining 	Surface mines, ⁸ mining plants ⁹ Underground mine Working face of a surface mine	16 18 18	The regulation governing mines and mining plants (Reg. 854, R.R.O. 1990) made under the OHSA allows for tours or visits to mines and mining plants by persons who are younger than the specified minimum age to work if they are accompanied by and under the direction of a guide.
<ul style="list-style-type: none"> • Agriculture • Arts and Culture • Community Safety and Emergency Services • Environment • Health and Wellness • Horticulture and Landscaping • Information and Communications Technology 	Certain workplaces (or parts thereof) may be covered, with respect to age restrictions, by regulations governing other sectors. For example, see the industrial establishments regulation (Reg. 851, R.R.O. 1990).		
<ul style="list-style-type: none"> • Construction • Manufacturing 	Window cleaning	18	<i>Not applicable.</i> (The regulation governing window cleaning is Reg. 859, R.R.O. 1990.)

Notes to Appendix C

1. As specified in regulations made under the Occupational Health and Safety Act (OHSA). Other statutes and regulations made under those statutes also set minimum ages for various occupations.

In addition, some workplaces have established their own, *more stringent* minimum ages for employment. For instance, some retail establishments and restaurant chains will not hire anyone under the age of 16, even though the legislated minimum age limit is lower. Similarly, some industrial establishments, and other workplaces that require the use of heavy equipment or machinery, will not hire anyone under the age

of 18, even though the legislated minimum age limit might be lower. Such in-house minimum age requirements may be acceptable, as long as the limits do not conflict with the Ontario Human Rights Code or other applicable law.


2. Column 1 identifies the Specialist High Skills Majors with which the workplace categories in column 2 may be associated. Note, however, that some specialist programs may involve workplaces identified in more than one category (e.g., a business program may involve offices, factories, and construction sites). When using this chart to verify compliance with minimum age to work and visit requirements, always refer to the particular type of workplaces involved in the program (column 2), not to the sector to which the program relates (column 1).
3. Under certain conditions, as identified in this table, persons younger than the minimum age to work may visit, *but not work in*, certain workplaces.
4. According to the OHSA, **industrial establishment** means an office building, factory, arena, shop or office, and any land, buildings and structures appertaining thereto.
5. According to the OHSA, **factory** means
 - a) a building or place other than a mine, mining plant or place where homework is carried on, where,
 - i) any manufacturing process or assembling in connection with the manufacturing of any goods or products is carried on,
 - ii) in preparing, inspecting, manufacturing, finishing, repairing, warehousing, cleaning or adapting for hire or sale any substance, article or thing, energy is,
 - (A) used to work with any machinery or device, or
 - (B) modified in any manner,
 - iii) any work is performed by way of trade or for the purposes of gain in or incidental to the making of any goods, substance, article or thing or part thereof,
 - iv) any work is performed by way of trade or for the purposes of gain in or incidental to the altering, demolishing, repairing, maintaining, ornamenting, finishing, storing, cleaning, washing or adapting for sale of any goods, substance, article or thing, or
 - v) aircraft, locomotives, or vehicles used for private or public transport are maintained,
 - b) a laundry including a laundry operated in conjunction with,
 - i) a public or private hospital,
 - ii) a hotel, or
 - iii) a public or private institution for religious, charitable or educational purposes, and
 - c) a logging operation.
6. According to the OHSA, **logging** means the operation of felling or trimming trees for commercial or industrial purposes or for the clearing of land, and includes the measuring, storing, transporting or floating of logs, the maintenance of haul roads, scarification, the carrying out of planned burns and the practice of silviculture.

7. According to the OHSA, **construction** includes erection, alteration, repair, dismantling, demolition, structural maintenance, painting, land clearing, earth moving, grading, excavating, trenching, digging, boring, drilling, blasting or concreting, the installation of any machinery or plant, and any work or undertaking in connection with a project but does not include any work or undertaking underground in a mine.

Project means a construction project, whether public or private, including,

- a) the construction of a building, bridge, structure, industrial establishment, mining plant, shaft, tunnel, caisson, trench, excavation, highway, railway, street, runway, parking lot, cofferdam, conduit, sewer, water main, service connection, telegraph, telephone or electrical cable, pipe line, duct or well, or any combination thereof,
 - b) the moving of a building or structure, and
 - c) any work or undertaking, or any lands or appurtenances used in connection with construction.
8. According to the OHSA, **mine** means any work or undertaking for the purpose of opening up, proving, removing or extracting any metallic or non-metallic mineral or mineral-bearing substance, rock, earth, clay, sand or gravel.
9. According to the OHSA, **mining plant** means any roasting or smelting furnace, concentrator, mill or place used for or in connection with washing, crushing, grinding, sifting, reducing, leaching, roasting, smelting, refining, treating or research on any substance mentioned in the definition of “mine” (see note 8, above).

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