Bringing the spirit of the TORONTO 2015 Pan Am/Parapan Am Games to kids across Ontario!

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Pan Am/Parapan Am Kids

The TORONTO 2015 Pan Am/Parapan Am Games is less than one year away. Athletes from across Latin America, South America, the Caribbean and North America will compete in Pan Am and Parapan Am sports/parasports at venues across the Greater Golden Horseshoe area next summer.

We are excited to share with you the Pan Am/Parapan Am Kids resources that have been developed to increase physical activity among children and youth as well as promote the benefits of healthy and active living. These resources also aim to generate awareness of other cultures through sport/parasports, in addition to promoting the TORONTO 2015 Games. They can be found at ontario.ca/ppakids.

The Ministry of Education developed three of the resources:

- **Activity Day Kit** – Every elementary school across the province received a Pan Am/Parapan Am Kids Activity Day Kit in June. The kit includes 13 activity cards, a Pan Am/Parapan Am banner and a guide that explains how to set up an Activity Day. We encourage all elementary schools to host an Activity Day this year.
✓ **PlaySport** – This online learning resource was developed in collaboration with Ophea for elementary and secondary school educators. It can be linked to the Ontario health and physical education curriculum and it helps children and youth build the skills and knowledge they need to lead active, healthy lives. Videos with Canadian athletes and modules will be available soon.

✓ **Meet Me @ the Finish Line** – This video series encourages the connection between the Games, the classroom and athletes. Watch videos of athletes who hope to compete at the TORONTO 2015 Games. Listen as they share their personal stories about their sport, training for it and what it takes to make it to the Games. Together, educators and their students can follow the athletes on Facebook, Twitter or on Instagram throughout their journey to the TORONTO 2015 Games. It was developed in collaboration with TO2015, the organizing committee of the Games.

The other resources for Pan Am/Parapan Am Kids include:

✓ **Kids ‘n Play** – A resource that will connect kids of all abilities to the fun and excitement of the Games through physical and cultural activities and healthy living lessons.

✓ **My Personal Best** – An online tool to monitor and assess physical literacy knowledge, set individual goals and motivate children and youth to achieve their personal best.

We are excited about these Pan Am/Parapan Am Kids resources and hope they will inspire your students to get active and learn more about the cultures and activities that are part of the TORONTO 2015 Games.

If you have any questions about the implementation of PPAKids, please contact: Carla Robbins, Healthy Schools Unit, Ministry of Education at 416-325-2697 or via email at: healthy.schools@ontario.ca

[ontario.ca/ppakids]