May 4, 2016

Dear Chair,

I am writing today to share our discussion document — Ontario’s Well-Being Strategy for Education. A copy is attached for your reference, as well as a two-page fact sheet for parents.

As you know, promoting well-being is one of the four key goals in our renewed vision, Achieving Excellence, which was launched in 2014.

We know that children who have a positive sense of well-being are more resilient and able to make positive and healthy choices to support their learning now and in the future. In addition, children and students who have a positive sense of self are better equipped to meet the challenges of a fast-paced and increasingly interconnected world.

The key components of the ministry’s well-being strategy include:

- Positive Mental Health
- Safe and Accepting Schools
- Healthy Schools
- Equity and Inclusive Education

This strategy continues to build on the outstanding work that we know is already happening every day in our early years programs and our schools. We are committed to working together with all of our partners in education to learn from and share the established successes of the well-being efforts already in place.

Through this strategy, we hope to help build a common understanding of well-being so that we can work together on developing ways to measure our progress in promoting child and student well-being from the early years through to Grade 12, and for staff.

Our initial focus for well-being is on students in the publicly funded education system, but in the future we will also extend that to include children in the early years, as well as educators and staff.
Thank you for your ongoing commitment to creating an education system that is among the best in the world.

Sincerely,

Liz Sandals
Minister

Enclosures

c. Council of Ontario Directors of Education