MEMORANDUM TO: Directors of Education  
Supervisory Officers and Secretary-Treasurers of School Authorities  
Director of Provincial Schools

FROM: Marg Connor  
Director  
Learning Environment Branch

DATE: February 20, 2013

RE: School Food and Beverage Policy (P/PM 150)  
Secondary Teacher Resource Guide

I am writing to provide you with a new teacher resource to support the implementation of the School Food and Beverage Policy.

Introduced on January 15, 2010, the School Food and Beverage Policy contains comprehensive nutrition standards based on principles of healthy eating, as outlined in Canada’s Food Guide. P/PM 150 came into force on September 1, 2011 and requires all food and beverages sold in Ontario’s publicly funded schools for school purposes to comply with the requirements set out in the policy.

Following the release of the policy, the Ministry of Education provided training to school board administration teams in January and February of 2010. In November and December 2010 the Ministry also provided training to teams of elementary teachers from school boards. As well as, funding and resources to school boards/authorities to train elementary school teachers from each school.

Ministry training sessions for secondary school teachers were provided to school board teams in January and February 2012. This staff development opportunity focussed on making connections and reinforcing the knowledge, skills, and attitudes regarding healthy eating that are developed through the Ontario curriculum and builds on the principal and elementary teacher training already provided.

To further support boards, the Ministry is pleased to provide you with copies of the School Food and Beverage Policy Secondary Teacher Resource Guide for each of your board’s secondary schools.

A link to this resource is available through the Ministry of Education’s website at: http://www.edu.gov.on.ca/eng/healthyschools/policy.html. Boards are encouraged to add the resource to their websites.
This resource is designed to assist secondary school teachers in teaching healthy eating by:

• providing an overview of the requirements of the School Food and Beverage Policy;
• making connections between the requirements of the School Food and Beverage Policy and the curriculum expectations taught in various subject areas;
• identifying the roles and responsibilities of teachers;
• providing examples of effective practices in the classroom and school; and
• promoting health literacy for students.

If you have any questions about the School Food and Beverage Policy Secondary Teacher Resource Guide, please contact your Ministry Regional Office or Eva Silva, Senior Policy Analyst, at 416-325-4753 or by e-mail at: Eva.Silva@ontario.ca.

Thank you for your ongoing commitment to making schools healthier environments for students.

Marg Connor
Director

Attachment

c. Regional Managers, Ministry of Education Regional Offices.