



# FULL-DAY KINDERGARTEN

## Preparing Your Child

### About full-day kindergarten

Full-day kindergarten is designed to give your child a stronger start in school and in life – by providing four- and five-year-olds with an engaging, inquiry and play-based learning program during the regular school day. Children are involved in a variety of learning activities to help them investigate, problem solve and collaborate, under the guidance of an educator team that includes a teacher and early childhood educator. Full-day kindergarten will help your four- or five-year-old get ready for Grade 1.

### Parent participation is key

Your involvement in your child's learning is important at every stage of their education. There are many things that you can do at home to give your children a positive start on learning and help them make the most of kindergarten.

### Tips to help your child start kindergarten

Listen and talk to your child about what kindergarten will be like. Express excitement and enthusiasm so that your child will look forward to school.

**Arrange for your child to spend some time with relatives or close family friends.** This often helps children develop a growing sense of independence and capacities for communicating needs with other adults. It also gives you a chance to see how your child reacts when you are not there.

**Set up playdates.** It is important to maintain social skills over the summer months for all children, regardless of preschool experiences. Setting up playdates with children who will attend the same school can help your child establish early friendships.

**Visit child and family programs.** Ontario has several centres that provide opportunities for families to be a part of their children's learning.



[ontario.ca/kindergartenready](http://ontario.ca/kindergartenready)





